

## Iconic Hair

Out of the last decade, there was no hairstyle that was more influential than that of Rachel from Friends. Actress Jennifer Aniston became an international celebrity and icon overnight, as women from all over the world rushed out to the salon with hopes of creating her trademark layered look. The hairstyle became a phenomenon, a spawned thousands of copies. Luckily 'The Rachel' was quite easy to recreate, for those women who are lucky enough to have quite thick hair.

The look, although it may now look quite dated as it appeared in the mid nineteen nineties, is still seen as iconic. It is thick and voluptuous, with a lot of layers starting from the top. The hair ends just above the shoulder, meaning that it is an easy length to manage as it is not too long. It also shapes the face as it is this length, but does not overshadow the bone structure or lines. It is comprised of thick layers, which sweep over each other and are very smooth.

Although it may not have been possible to create 'The Rachel' so easily in the mid nineteen nineties, when it first appeared, if anyone was wanting to recreate the iconic style in the twenty first century it would be much easier for them. The appearance of [hair straighteners](#) means that layers are now much easier to manage, especially thick ones like those that are being discussed in this instance. Straighteners with thick irons are best to be used in this case, as the hair is likely to be very thick. Sections of hair should be taken between the irons, and straightened slowly in order to ensure smoothness on top of the hair. As the iron is moving down the hair the user should curl it slightly inwards, as this will give it the vitalised bouncy look that was synonymous to Jennifer Aniston's iconic hairstyle. This should be repeated a number of times, to make sure the hair is bouncy and full, without being flyaway. It is unlikely that hair spray will be needed if the hair has been curled enough, but if the owner has hair that is quite thin a small amount may be advisable.

## About the Author

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