

How Anybody Can Make The Laws of Attraction work

How well I remember the first time I watched The Secret. As with everyone else I thought 'WOW' is this really a fact? Can this work for ME? nIf it really does work just consider the possibilities. nI don't think that I am so much different from other people and if you are just a bit like me you will have had some of the following doubts. nSo many people say it works well for them so why isn't it doing that for me? nI feel it working sometimes but not all of the time. nWhy do I find it so hard to do regularly? nI try and try but still it doesn't seem to work. nAt the risk of stating the obvious it takes time and practice before success comes. Is this not the case for all the other skills we have acquired throughout our lives? nThe hard part is keeping your focus, your confidence and determination. Just imagine the most successful people that you know and how completely and clearly they visualised where they wanted to be and how they refused to let setbacks get in their way. This is how they became so successful. These people would not allow everyday distractions and all the negative influences that surround us every day to stop them from reaching their goal. nBy retaining their 'positive mental attitude' they drove away the negative influences and guess what, they started to attract only the positive ones! nSo how can you make the Law of Attraction work for you - without getting frustrated? How do those who successfully implement the Law of Attraction do it with such confidence and finesse? nAllow me to make three short suggestions please. If you will use these regularly I promise you will see great improvements in no time. n1. Relax and create a receptive mind. nIf you keep asking and asking over and over you are just transmitting and preventing yourself from receiving. Imagine a simple two way radio that has a send and receive button. You can only receive when you take your finger off the send button. Do you see what I mean? nBy all means send your messages but relax and open your mind to the positive responses that are all around you and which you will hear when your mind is in a calm and receptive state and focussed on the positive outcomes that you seek. n2. Patience is a virtue and all things come to he who waits. nIt is unreasonable to expect the results you desire overnight. By cultivating a relaxed and open mind that is concentrated on the positive outcomes you desire greater peace and tranquillity will pervade your thoughts and with patience these will undoubtedly bring about the changes that you want. nToo many of us give up far too quickly because of frustration and impatience. This is understandable and very human but frustration brought about by impatience is counter-productive and just brings stress into our lives. It will block out those positive influences that will take us where we wish to be. So observe control and give the process time to work. nRelax and be patient, you too, are part of the universe, and you are also ruled by the laws of the universe, you cannot change the natural development time. n3. Practice and study to become skilful. nIf you really want to be good at something you obviously must study and practice it regularly. The Laws of Attraction are no different. To become proficient at making them work well for you it is necessary to invest time and effort. This is a major skill that you are trying to gain and it is unreasonable to think that you can become an expert after just watching one video. The Secret is inspiring, but it is only the start and more study is needed. It was never intended to be the whole solution only an introduction. nIf all that you have done so far is to view The Secret, even if you have done so many times, then it is hardly surprising that you are not getting the results that you hoped for. The Secret is only one piece in the jigsaw so without the other pieces how can you expect to see the big picture? nWelcome the Laws of Attraction into your life. nStudy how to apply them in everything you do. nLink up with other like minded positive people. nWhile the Law of Attraction is not an overnight delivery service, it will definitely deliver, if you do your part too! n

About the Author

Joe Rowlands has been a practitioner of The Laws of Attraction for years and is now paying forward by compiling a resource of useful advice and links to help others to find the advantages that he has found since first watching the Secret. nHis advice and support can be found at <http://www.joerowlands.com>

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