

Preventing Domestic Violence

Domestic violence is one of the serious crimes which thrives on the use of psychological, emotional and physical mistreatment to control and segregate the victim. This kind of act has been enacted by both women and men across all socioeconomic classes, culture, ethnicity and race. One of the major causes of domestic violence is fueled by stress, repetition of the cycle of learned behavior and abusive substances. Children that pass by domestic violence normally suffer from haunting bad memories in their lives: Moreover, the domestic violence might conclude to a serious injury or death. Due to the earnestness of this crime, it is extremely significant that we understand how to prevent domestic violence. (Fernand, 2007)

Teach and instruct about domestic violence. This might be a more effective way of educating younger people to assist them and understand the domestic violence isn't an acceptable behavior, in fact it's illegal.

Promoting awareness of domestic violence. When you create awareness to the society regarding to the statistics and negative impacts of domestic violence has on communities and lives, it kept the issue alive and very vital. (Jeffrey, 2006)

Spoke out against domestic violence. Spoking about the earnestness of domestic violence amongst family, and friends and other community members, it also assist to keep the significant out there.

Taking a stand against music, entertainment and jokes that might result to domestic violence. You should also be against any comments which blame the victim.

Set up fundraisers in order to give support to the local efforts behind domestic violence awareness and prevention. The more funded the programs are, the more they can reach the intended people.

Motivate the communities to institute centers for domestic violence. When assistance is made available, the victims can always come on it.

Give support to local news and legislation which aims at sustaining and protecting against domestic violence. In a place where there's a stricter laws and regulation are in play, the abusers are kept into a fear, whereas the victim feels more sheltered with turning to law enforcement for assistance.

Ensuring that the demand that local social services employees and law enforcement are appropriately adhered to in domestic violence. Many years, women who were suffering from the domestic violence, they were afraid of reporting the matter to the authority because they were often re-victimized by the similar people whom they intended to give support.

Volunteer with domestic violence organization. Majority of these programs which aims at helping against domestic violence are poorly funded and might use all the aid they can get. In addition, it might be a positive way of giving back to the community whilst reaching out and poignant someone life that is in need. (Michael, 2001)

Give support to the development of after care programs endeavoring at helping the psychological necessities of individuals and families that are under domestic violence.

Lastly but not the list, informed suspicions of domestic violence to the authorities. Up to present, the domestic violence still remains as a secret misdemeanor.

According to the statics conducted on domestic violence, it shows that the ratio of men abusing women is higher. It is also necessary for couples after or before marriage to visit a counseling lesion in order to create awareness and prevent future consequence such as domestic violence.

Understanding the preventive measure of domestic violence has a lot of merits, such as assisting to sustain marriage. When couples are aware about the impact of domestic violence, they will be able to avoid it, since there's no one who likes to get into hot water.

It also helps to keep a happy marriage, am sure you will sail in the same boat with me when I say, whenever there's a quarrel, there's no happiness. However, if couples have learnt the preventive methods of domestic violence, then they wouldn't accept anything that might hinder their happiness. Moreover, it assists to keep a healthy family. Domestic violence causes a lot of stresses that normally made a person to be weak.

It's therefore necessary to understand preventive measure in order to keep your family healthy. (Priscilla Norman, 2009)

Everything that has a positive side must also have negative impacts, even though these preventive measures are vital against domestic violence, they have their demerits such as some people don't take advice, and despite all the efforts made, it will be useless to them. Other's illiterates and they can't get the advice, also there some barbaric culture that makes this preventive measure to be useless.

Conclusion

Domestic violence is crime that can be prevented through a lot of methods that have being discussed above. Even though, this preventive ways have their merits and demerits. But, all in all they pray a big role in preventing and decreasing domestic violence.

About the Author

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