

Do you know how much Electricity you are using in your Kitchen?

When you start to think of the amount of appliances that you use in your home that are powered by electricity you will soon start to realize how much of this energy source you are actually making use of. However there are certain rooms in your home which will, without a doubt, use more electricity than others, the perfect example of this comes in the form of your kitchen.

Your microwave, kettle, toaster, sandwich maker, grill, blender and smoothie maker are all ways in which you are using electricity within your kitchen. However on top of this you also have the bigger items such as your fridge, freezer, dishwasher, washing machine and tumble dryer; it is these appliances that take up the most electricity out of everything within your home, it is also these appliances that we can't do without in our home, so how do we save electricity without cutting back on said appliances?

It goes without saying that we all have to have appliances such as a washing machine and yes they are going to use a lot of [electricity](#) when we are using them but there are a number of ways in which we can alter the way we make use of them. It is through small changes to the way in which you use you're, for example washing machine and tumble dryer, that will help you save energy as well as money. So what are these small changes?

In the case of a washing machine, the answer to the above question comes from conserving energy in the way you carry out a wash, for example you should always ensure that you only do a wash when you have a full load. Not only will this reduce the amount of electricity you are using but it will also mean you are saving money for the fact you won't have to use as much detergent. You will be surprised at how much you will cut down on the amount of washing you end up doing by simply reducing the amount you use your washing machine, this is however only the beginning when it comes to reducing the amount of electricity you are using. The reason I say this is because 85-90% of the energy and electricity you are using where your washing machine is concerned comes from heating up the water, so basically simply reducing the temperature that you wash your clothes in is a great way of decreasing your energy consumption. It is possible by doing this alone that within a year you could cut your energy consumption in half.

In terms of where your tumble dryer is concerned, it is a good idea to only use it when you absolutely have to or half dry your clothes in it and air dry the rest. By cutting down on these aspects in your kitchen alone you will be saving considerably on your electricity. Your kitchen is the perfect starting point when it comes to saving electricity so if you are looking for ways to cut your energy bills start by altering the way in which you are using appliances such as your washing machine and tumble dryer.

About the Author

Simply Energy is a leading electricity supplier, [electricity](#) provider and electricity company in Melbourne and Adelaide Australia. Simply energy has been developing leading Green energy plans to help with environmental issues. Simply Energy is one of the only [electricity](#) suppliers that offers no lock in contracts.

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