

## A Trainee Best Recommendations when Understanding along with Participating Several Cooperative Board Games

### The Exigent Game of Chess

One of the ancient board games that rely on strategy and can only be played by two is the Chess. Every player's goal is to "checkmate" the king piece of the opponent where it has no room for moving without being attacked or captured. The game consists of an 8 by 8 checkered game board with a total of 64 squares. Each player has a set of eight pawns, two rooks, two bishops, two knights, one king, and one queen a total of 16 pieces for every player. Both players take turns in moving a piece in accordance with the game rules but not during castling where two pieces are allowed to move. The player with light colored pieces usually white moves first and can land in an empty square or capture an enemy piece on an occupied square and would mean its removal from the game. The rules and regulations of the game chess is maintained by the World Chess Federation.

### The Swift of Race Board Games

One of the earliest board game created is the race board games which players contend to be the first to reach the goal. It entails moving game pieces on a game board following specific game rules and the player who managed to bring all pieces at the end of the track, headquarters, or home wins. The most popular among the race games is Backgammon, also a member of the tables family, is a game of luck and strategy which has an objective of removing all of the opponent's pieces off the board. Movements on this game are counted on the dice's roll and can be played only by two people. Alternatives of race board games are Ludo, Transformers, European Game of the Goose, and Egyptian Senet. Some race board games can be played with utmost simplicity as tossing the dice and making a move or could be a very complex game involving luck, skills, and strategy combined.

### The Stirring Dungeon Board Game

Adventure board games is more of a role playing game that enables players to represent a certain character that can have its prowess and skills boosted as well as obtain some equipments as the game progresses. The very first adventure board game was Dungeon released in 1975 and was designed by Steve Winter, S. Schwab, David R. Megarry, and Gary Gygax. The game designed for two to four players consists of a rulebook, four colored Parcheesi-style playing pieces (white, blue, green, and red). Included in the game which fascinates players is a range of monster and treasure cards which is colored black and white on the front and at the back are color coded representing the different six increasing dungeon levels: gold for first, orange for second, red for third, magenta for fourth, green for fifth, and blue for sixth. Every player's objective is to accumulate the most treasures and conquer the monster to be the first to return to the dungeon entrance. There have been later versions like the Dungeon and Dragons.

### Board Games Utilizing Physical Abilities

Board games of physical skills or dexterity games are those that require physical abilities, coordination, and mental skills to win the game. They usually challenge the player or players both physically and mentally since they need finesse, dexterity, and coordination. A good example of this type of games is the 140 year old Crokinole which was created by Eckhardt Wettlaufer in Canada. The game is a blend of East Indian, French, German, and English games utilizing checker sized disks and a game board with rings that has matching points. Two teams with two to four players per team play the game by flipping the checker sized disks from the outer edge of the board with the goal of hitting the center but also to hit the opposing team's disks already on the board otherwise the turn is deemed foul. Other board games of physical skills include Carabande, Topple, Twister, Carrom, Subbuteo, Kerplunk, Jenga, Perfection, and other board games that use physical coordination.

### About the Author

Many people play [Settlers of Catan](#) to enjoy and at the same time enhance their skills. Enjoying [Settlers of Catan game](#) can makes use of one's mental and physical abilities in order to win the game.