

Advice pertaining to Equipping With Various Types of Disaster Plights

6 Month Emergency Kit Check-ups: Changing Your Stored Clothing

Every spring and fall, you should examine your 72 hour kits and rotate any clothing that needs to be changed for one reason or another. As the years pass, you and your children may need different sizes of clothes. The extra set of clothing will not help your family if it is the wrong size. Second, you should make sure that the clothing hasn't been damaged by moths or become wet due to a leak somewhere in your kit. You need to have adequate clothing based on the seasons of the year. Obviously, you will want lighter clothes during the summer months and heavier ones in the winter. Additionally, add scarves, jackets, gloves, hats, and other winter paraphernalia.

Some Surprising 72 Hour Kit Essentials

When preparing for an emergency, you will have to resist the temptation to include just one more thing many times. Aside from the obvious basics (food, medical supplies, etc.), there are a few necessities you may not have considered. Fortunately, each of these items is a small, lightweight addition. You will want to include a discretionary amount of money in your kit. You may need to buy something at a time when credit cards are not working. Another vital addition is a copy of significant documents. Consider birth certificates, marriage licenses, property titles, insurance information, and your will. Since you may not be able to access these during an emergency, or they even be destroyed, you will be glad you had them on hand in your kit. Storing extra plastic bags in your kit is a third idea you may not have considered. In an emergency situation, you may be given extra supplies or find something important, and one of the few ways you can waterproof it in that situation is to stick it in a plastic bag.

Do Not Neglect to Prepare for Emergencies!

In some ways, our society has grown used to obtaining things instantly, from news reports to food to help in a crisis. After all, we have 911, ambulances, cell phones, and OnStar. There are occurrences, however, when life does not work out this nicely. When an emergency caused by nature occurs, thousands are affected—and suddenly, we do not have the communication or transportation abilities we used to have. We must understand the need to be self-sufficient during an emergency. Preparing for emergencies (through 72 hour kits and adequate food storage) can mean the difference between life and death for some. Thousands more will be spared uncomfortable or medically dangerous situations. Even in this age of instant satisfaction and interdependence, a little preparation can go a long way.

Emergency Supplies Should Be Kept Where?

Storing your emergency kit can be a troublesome question. Avoid storing your supplies anywhere that is hard to get to, since you may have little or no time to leave your home. At the same time, they are not tools you need all the time, so you do not want them in the way of daily life paraphernalia. If you are willing to give up your coat closet, it can be an ideal spot for your emergency supplies: it is close to an exit and easily accessible, but the goods are out of the way. Remember that attics and basements are not good locations for your emergency kits. Disasters sometimes cut off the upper or lower levels of your home: for example, fire may block a stairway, or flooding might ruin everything in your basement. One idea that many opt to use is to store emergency supplies in a car trunk. That way, you do not even need to grab anything in an emergency—you can just run out the door. One last tip: you may want to keep a small emergency kit at work, in case you are there when disaster strikes.

About the Author

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