

## Facts on Storing Tools With Different Disaster Plights

### A Definition of 72 Hour Kits

72-Hour kits are an assembly of the most important supplies you need to survive if any kind of disaster strikes. 72 hours is a critical number. It is how much time you should be able to take care of yourself before relief workers can get to you. 72-hour kits should contain enough food, clothing, energy and light supplies, hygiene materials, and medical supplies to support your family during those critical 72 hours following a disaster. 72 hour kits can be bought or personally assembled. As you look into 72 hour kits, keep in mind the needs of each of your family members and your location. For many, it is smarter to prepare for a full week rather than 72 hours. Another bit of counsel is to create a month, 6-month, or one-year supply of food along with your 72 hour kits.

### Teaching Your Children About Emergency Situations

Teaching your children about preparing for emergencies is a vital task for parents, and it can also be fun. Though you may be worried about frightening your children, it is better that they are prepared—and if done with the right attitude, the process can actually be fun. First, they need to know where the emergency kits are kept, and they need to be able to reach them. Teach your children about the different types of emergencies and where to go when they occur. Consider doing a first aid class with your kids. One last activity you can do with your kids is assemble your 72-hour kits. You never know—you may learn as much from involving your kids as they will learn from you!

### Emergency Supply Water Storage

Every 72 hour kit should contain three gallons of water for every person in the family. You have many options for storing this water. One option is to purchase pre-bottled water. One advantage to this method is that it is easy to measure how much water you have left in an emergency. Also, these are easy to store in bags and shift around if someone's pack is too heavy. You can also use plastic containers such as 2 liter soda bottles. Stay away from milk containers because it is easy for the water to leak out or become contaminated. You may choose to use 3-gallon canteens with sturdy handles. A benefit to these is that you can store them separately from the packs; they will just be one more thing for everyone to grab on their way out the door. Keep in mind that every six months you will need to replace the water with a fresh supply.

### Good Ideas for Storing Your 72 Hour Kit

You should give some thought as to where to keep your 72 hour kit. Avoid storing your supplies anywhere that is hard to get to, since you may have little or no time to leave your home. However, since you will (hopefully) not need it often, you do not necessarily want your kits parked right at the front door. You may want to empty out a coat closet that is close to the main door and store your kits there in an organized, easy-to-reach fashion. Keep in mind that your supplies should be kept on the main floor of your home. Depending on the emergency, you may not be able to access the stairs in your home. Many people choose to keep the kits in the trunk of their cars, so that they are ready to go at a moment's notice. One last tip: you may want to keep a small emergency kit at work, in case you are there when disaster strikes.

### About the Author

There's no substitute for preparation, so begin to build your [emergency preparedness kits](#) now. You'll never regret knowing that your [survival kit](#) and your family are ready!

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