

## Causes of ED Change as Men Age

Erectile dysfunction (ED) has become a nightmare of every man in this world. Man is feared of erectile dysfunction more than the death. About 70% of the men in the world are suffering from the erectile dysfunction permanently or temporarily. Nobody wants to suffer from the condition when he is not able to get the erection or hold the erection for the sufficient amount of time during the sexual intercourse. Men from nearly all the age groups are suffering from the erectile dysfunction but, the causes of erectile dysfunction in the different age group of men are different. We can say that causes of erectile dysfunction change as the men age.

To understand the causes of erectile dysfunction, a study was conducted by the group of scientists. In this study 400 of different age group men were divided in 4 categories:

First category: Men between the age group of 18 to 30.

Second category: Men between the age group of 31 to 40.

Third category: Men between the age group of 41 to 60.

Fourth category: Men between the age group of 60 to 80 and above 80.

One hundred men from each category who were suffering from the erectile dysfunction were studied for their general health to understand the reason of erectile dysfunction.

The study concluded that the factors responsible for the erectile dysfunction were different. The study also revealed some common factors that are responsible for the erectile dysfunction in all age groups are physical injuries to the penis and anxiety. The causes of erectile dysfunction among the age group of 18 to 30 are no knowledge of sex, performance anxiety, and improper development of penis. The prevalence of erectile dysfunction was found to very less in this age group and the erectile dysfunction observed was temporary and was treated by simple medicines and by counseling.

The reasons for the erectile dysfunction in the 31 to 40 age group of individuals was found to be life style stress, previous infection from the sexually transmitted diseases, and Peyronie's diseases (i.e. improper curving of the penis). The causes of erectile dysfunction in the 41 to 60 age group were diabetes, high or low blood pressure, and heart disorders. Some times even the lack of desire was observed among these individuals. Prevalence of erectile dysfunction was found to be more among these individuals. Even the stress from the life styles was also found to be one of the reasons of the erectile dysfunction. Daily intake of alcohol and smoking were also found to be the reasons of erectile dysfunction in men of this age group.

In the men between the age group of 60 to 80 and above 80, the main reason for the erectile dysfunction was observed to be lack of desire and no support from the opposite sex. Even all the problems listed in the age group of 41 to 60 were observed in this age group. The results point to a need for physicians who are treating older adults experiencing sexual problems to take into account their physical health and also consider their mental health and their satisfaction with their intimate relationship. Among men, mental health issues and relationship problems contributed to a lack of interest in sex and the inability to achieve orgasm, while being treated for urinary tract syndrome was associated with trouble maintaining and achieving an erection.

Thus, we can conclude from this article that causes of erectile dysfunction change as men age.

## About the Author

Hi I am sylvester carter I work as an associate editor of website trustpharma.com. I am committed to provide visitors with complete information on men's health and sexual health, [Generic Viagra, kamagra, zenegra](#), [Generic Levitra](#) issues related to sex, and news in the pharmaceutical sector.

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